

## **The Basics of Pool Safety**

---

We have all heard all too often, “I only looked away for just a few seconds”.

Unfortunately, that’s all it takes for a child to drown, **JUST A FEW SECONDS.**

Drowning accidents are a leading cause of death for children one to four years of age.

Almost 70% of all drowning accidents occur in backyard swimming pools. Drowning accidents can occur in just a few inches of water and in just a few seconds. Most of these tragic accidents could have been prevented by following the basic pool safety checklist below.

- **Adult Supervision:** Assign an adult to supervise children in the pool. If you must leave the area, require all children to exit the pool.
- **Barriers:** Pools should be isolated by several layers of protection, including proper fencing, pool covers, alarms, locks and latches.
- **Classes:** All children should take swimming lessons. All family members, including grandparents and babysitters, should know how to swim.
- **Emergency Preparedness:** Learn (CPR) Cardiopulmonary Resuscitation. Install a working phone outside near the pool area in case of a 9-1-1 emergency.
- **Life Saving Devices:** Children should wear a life jacket. Floaties or other inflatable devices do not provide life-saving capabilities.